What does it really take to be an authentic and effective leader?

Today’s leaders must confidently embrace the unknown. They must recognise emerging challenges and think innovatively about the future. Success depends on their ability to set a clear vision, authentically engage and be courageous.

However, today’s leadership issues are increasingly complex and in a rapidly changing business landscape leaders often find themselves in uncharted waters...

So what do you do, when you don’t know what to do? How do you respond, when everything you know hasn’t worked?

The ability to adjust your focus and modify thought processes is key.

Through this experiential program you will develop a new way of thinking, discover your untapped potential and transform your ability to lead, deliver and develop others.

The Philosophy

When you clarify your own leadership purpose and become more conscious you are in a much better place to optimise your leadership effectiveness.

Mei Ouw, Facilitator

Leadership success is ultimately determined by an individual’s ability to connect with, empower and inspire those around them. By gaining self-awareness, exploring your leadership purpose and clearly understanding your behaviours and motivations, you are able to optimize your leadership effectiveness.

This program supports you while you ask yourself the tough questions and master your leadership style. You will develop flexibility in your thinking and behaviours, and learn how to more effectively engage and motivate others.

Key Concepts

- Adaptive Leadership
- Systems Thinking – exploring context, system, person and role
- Emotional Intelligence
- Personal Mastery and self awareness
- Mental Models
- Congruency as a Leader – integration of conscious and unconscious
- Building trust and strengthening relationships
- Working with challenge
- Reflection and meditation
- Linguistics – effective and enriched communication and understanding the deeper structure of language
BUILD CAPACITY AND CAPABILITY – BECOME A SELF-AWARE LEADER

Developing a true understanding of Emotional Intelligence and its application is critical to the success of all leaders. This starts with building your own self-awareness and giving honest recognition to your strengths, limitations and impact on others. This program will help you identify these traits, develop new strategies and step into your true leadership potential.

ORGANISATIONAL EFFECTIVENESS – ACTION LEARNING PROJECT

As a program participant, you will identify a specific, challenging issue within your workplace to use as your Action Learning Project. These projects are selected on the basis that they cannot be resolved with your current expertise. However, if successfully completed, will add significant value to your business. This practical approach allows you to learn, develop and test new skills in your real working environment.

EMPOWERING OTHERS TO STEP UP AND LEAD

Appreciating the motivations of those you lead, and understanding how to communicate with them to effect positive change is essential. Through this program you will build a clear understanding of how to recognise what drives an individual’s behaviour. You will explore new ways of building trust, having transformational conversations and engaging your team with confidence. You will develop coaching skills that will motivate, develop and empower your aspiring leaders.

Focus Areas

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Outcomes

PERSONAL

- Explore and realise your leadership purpose.
- Optimise your leadership effectiveness.
- Empower people to step up and lead.
- Build emotional resilience in yourself and others.

ORGANISATIONAL

- Work on and develop a key business challenge from your work environment.
- Develop deeper awareness of the interrelationships between context, system, person and role.
- Have transforming conversations and develop collective thinking skills that will produce results greater than the sum of individuals.
- Add greater value to your business by more effectively managing complex challenges.

The Approach

DISCOVER
In a highly collaborative learning environment discover the guiding principles of the program.

EXPERIENCE
Put your discoveries into practice with your program peers and in your real-life work environment.

REFLECT
Share your experiences with your peer group and take time to review, challenge and develop your findings.

REALISE
Integration of your findings equips you with new skills, awareness and leadership capabilities.

The program is conducted in an interactive, highly experiential environment. We employ a combination of concepts and theories, practical application, partner and group work, reflection and inquiry-based conversation.
The Structure

CERTIFICATION

The Program will cover all material needed for you to be certified as an NLP Coach with Timeline Therapy®. You will fully understand each theory and technique and will have practiced it under the guidance of your facilitator. The certification includes over 18 hours of pre-listening audio, pre-reading and 7 days of training.

PROGRAM STRUCTURE

This program is delivered over 7 days.

INVESTMENT: $4300 + GST

DATES: April 19, 20, 21
May 4, 5
May 19, 20

LOCATION: Melbourne

Who Should Attend?

The program is suited to senior leaders and HR/OD practitioners who are ready to stretch out of their comfort zone, challenge convention and question the way they think and act.

It is ideal for those with a strong desire to develop emotional awareness and connection, and who recognise that this requires a personal transformation journey.

Your Facilitator

MEI OUW

Transformational as a facilitator and empathetic as a coach, Mei’s insightful and direct approach adds a fresh perspective to situations, making her sought after in the leadership space. She develops and delivers impactful experiential leadership programs designed to move people into a space of true adaptive leadership. Her objective is to raise consciousness at both an individual and team level in order to deal with complex issues from a new level of thinking.

Mei is committed to assisting people to self-actualise in both their professional and personal lives. She has delivered over 4000 hours of individual coaching and group facilitation with senior leaders and executives. With a background in psychology Mei has an in-depth understanding of human behaviour and works with clients to develop their behavioural flexibility and thinking. This process facilitates new perspectives and creates innovative and effective leadership solutions.

Mei holds a double degree in Law and Psychology and is accredited in Human Synergistics’ LSI, DISC, MSCEIT, The Leadership Circle and is an NLP Trainer.

For more information or to reserve your place, please contact:

Mei Ouw
0439 332 371
mei@meiouw.com

I get so much joy facilitating these programs and witnessing people have their ‘ah-ha’ moments. I literally see them transform before me. That’s what I live for.
**Client list**

ANZ Banking Group
Australia Post
Bendigo Adelaide Bank
BP Australia
Bristol-Myers Squibb
City of Melbourne
City of Greater Dandenong
Department of Health
Deloitte Touche Tomatsu
GE Capital
Gilead Sciences
Hume City Council
Iron Mountain
KPMG
Lonely Planet Publications (BBC)
Metropolitan Fire Brigade
ME Bank
Mercer
National Australia Bank
Origin Energy
Public Records of Victoria
RACV
SP AusNet
Standard & Poor’s
Superpartners
TATA Global Beverages
Western Water
WorkSafe Victoria

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“Mei is an impressive Executive Coach who has an unwavering infectious belief that you can achieve anything, and works relentlessly to challenge, reframe and assist you to gain new insights about yourself. As a result of working with Mei, I have been able to greatly improve my ability to enable transformational change and have been able to put into practical use the coaching insights gained. I would recommend Mei to anyone who is looking for an executive coach with the theory, practical toolkit and energetic passion to help them achieve their full performance potential.”

Kevin McKenzie FAICD
Director and Executive Transformational Change Leader

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“A passage to personal and professional transformation that will bring out your highest potential.”

Felicity Neale
Standard & Poor’s

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**Contact**

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